

East Shore Specialty Foods

Nutritional Information

8oz Chipotle Dipping Pretzels		
Nutrition Facts		
Serving Size	1oz (28g/about 30 pretzels)	
Servings Per Container	8	
Amount Per Serving		
Calories	120	Calories from Fat 24
% Daily Value *		
Total Fat	3g	4%
Saturated Fat	0g	0%
Trans Fats	0g	
Cholesterol	0mg	0%
Sodium	320mg	13%
Total Carbohydrates	23g	8%
Dietary Fiber	Less than 1g	2%
Sugars	Less than 1g	
Protein	3g	
Vitamin A **	Vitamin C **	
Calcium**	Iron 6%	
* Percent Daily Values are based on a 2,000 calorie		
	Calories	2,000 2,500
**Less than 2% of Daily Required Value.		
Total Fat	Less Than	65g 80g
Sat Fat	Less Than	20g 25g
Cholesterol	Less Than	300mg 300mg
Sodium	Less Than	2,400mg 2,400mg
Total Carbohydrates		300g 375g
Dietary Fiber		25g 30g
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4
Ingredients:		
<p>PRETZEL: ENRICHED WHEAT FLOUR (contains wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), SALT, MALT, VEGETABLE OIL (contains one or more of the following: canola oil, corn oil, soybean oil), LEAVENING (contains one or more of the following: yeast, sodium bicarbonate, ammonium bicarbonate).</p> <p>SEASONING: CORN OIL, WORCESTERSHIRE SAUCE [contains vinegar, molasses, high fructose corn syrup, anchovies (fish), water, onions, salt, garlic, tamarind concentrate, cloves, natural flavorings, chili pepper extract], SPICES INCLUDING CHILI PEPPERS, CHIPOTLE, ONION POWDER, DEXTROSE, JALAPENO POWDER, GARLIC POWDER, CORN FLOUR, DEHYDRATED BELL PEPPER, TORULA YEAST, CITRIC ACID, NATURAL FLAVOR, EXTRACTIVE OF SPICES INCLUDING PAPRIKA.</p> <p>PRODUCED IN A FACILITY THAT USES PEANUT BUTTER</p>		

Shelf Life: 6 Months

5oz Chipotle w/ Jalapeño Mustard					
Nutrition Facts	Amount/serving	%DV*	Amount/Serving	%DV*	
	Total Fat	0g 0%	Total Carb.	2g 1%	
Serv. Size	1 Tsp.(5g)	Sat. Fat	0g 0%	Dietary Fiber	0g 0%
Servings	28	Trans Fat	0g	Sugars	2g
Calories	15	Cholest.	0mg 0%	Protein	0g
Fat Cal.	0	Sodium	0mg 0%		
		Vitamin A 0%	Vitamin C 0%	Calcium 0%	Iron 0%
* Percent Daily Value (DV) are based on a 2,000 calorie diet.					
INGREDIENTS: VINEGAR, SUGAR, MUSTARD FLOUR, MUSTARD SEEDS, EGGS, CHIPOTLE PEPPERS AND JALAPEÑO PEPPERS. NO SALT ADDED.					

Shelf Life: 12 Months