

East Shore Specialty Foods

Nutritional Information

10oz Waffle Pretzels

Nutrition Facts

About 9 servings per container

Serving Size About 17 pretzels (30g)

Amount Per Serving

Calories 120

% Daily Value*

Total Fat	1g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	320mg	14%
Total Carbohydrate	24g	9%
Dietary Fiber	<1g	3%
Total Sugars	0g	
Includes	0g	0%
Added Sugars		
Protein	3g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	2mg	10%
Potassium	0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), SALT, HIGH OLEIC CANOLA OIL AND/OR SOYBEAN OIL, CONTAINS LESS THAN 2% OF CORN SYRUP, BARLEY MALT EXTRACT, LEAVENING (Yeast, Sodium Bicarbonate And/Or Ammonium Bicarbonate).

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 7 Months

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