

East Shore Specialty Foods

Nutritional Information

2oz Braided Honey Wheat Pretzels

Nutrition Facts

1 serving per container

Serving Size 1 Package (57g)

Amount Per Serving

Calories 210

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 960mg **42%**

Total Carbohydrate 45g **16%**

Dietary Fiber 4g **14%**

Total Sugars 4g

Includes 3g Added Sugars **6%**

Protein 5g

Vitamin D 0.5mcg **2%**

Calcium 20mg **2%**

Iron 2.5mg **15%**

Potassium 80mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: UNBLEACHED ENRICHED WHEAT FLOUR (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), SUGAR, HONEY POWDER, SALT, SOYBEAN OIL, MALT, AND YEAST.

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 7 Months

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