

# East Shore Specialty Foods

## Nutritional Information

### 8oz Braided Honey Wheat Dipping Pretzels

<b>Nutrition Facts</b>		
About 8 servings per container		
<b>Serving Size About 24 pretzels (30g)</b>		
<b>Amount Per Serving</b>		
<b>Calories 110</b>		
<b>% Daily Value*</b>		
<b>Total Fat</b>	1g	<b>1%</b>
Saturated Fat	0g	<b>0%</b>
Trans Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	500mg	<b>22%</b>
<b>Total Carbohydrate</b>	23g	<b>8%</b>
Dietary Fiber	2g	<b>7%</b>
Total Sugars	2g	
Includes	2g	Added Sugars <b>4%</b>
<b>Protein</b>	3g	
Vitamin D	0.3mcg	2%
Calcium	10mg	0%
Iron	1.3mg	8%
Potassium	40mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: UNBLEACHED ENRICHED WHEAT FLOUR (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), SUGAR, HONEY POWDER, SALT, SOYBEAN OIL, MALT, AND YEAST.

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 7 Months

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